



# ascend

T O W H O L E N E S S  
H E A L T H C A R E P L A N S

## 2019 Health Plan Open Enrollment

Dates:

## Upcoming Action Required

Enrolling is required  
for coverage under the  
2019 health plan.

### It's time to explore your options:

- Visit [AscendToWholeness.org](https://AscendToWholeness.org) to learn about your plan options based on your eligibility.
- Watch for your Fall open enrollment packet and instructions on how to enroll—coming soon!

### Go online and learn more!

Find information, answers to frequently asked questions, and details about the Ascend to Wholeness wellness program, the Accelerate Plan and the Access Plan.

[AscendToWholeness.org](https://AscendToWholeness.org)

Questions? Contact: