Conversations for Caregivers

2025 Seminar Series presented by Legal Resources

Conversations for Caregivers is a seminar series that empowers family caregivers with practical tools and knowledge for managing caregiving challenges. Covering topics like benefit programs, identity protection, care planning, and medical care options, each session provides insights to help caregivers support loved ones effectively while prioritizing their own well-being.



Interested in attending a live session? Click the registration page button below or scan the QR code with your device's camera to be directed to the registration page and view the session description. Registration is required to receive a link to each session.

CAN'T ATTEND THE LIVE SESSION? All sessions are recorded live and available on-demand. Recorded sessions are located on the registration page. To access those sessions, click the registration page button below or scan the QR code with your device's camera to be directed to the recorded sessions located on the registration page.

EVENT DETAILS



- >> Using Power of Attorney JANUARY 22ND
- >> Financial Strategies for Caregivers FEBRUARY 26TH
- >> ID Lockdown: Securing Your Care **Recipient's Identity** MARCH 26TH
- >> Medical Care Types: Palliative, Hospice, and Respite APRIL 23RD
- >> Trusts for Care Recipients MAY 28TH
- >> Navigating Benefit Programs JUNE 25TH

- Scam Threats for Care Recipients JULY 23RD
- Creating and Maintaining a Care Plan AUGUST 27TH
- >> Navigating Conflict in Caregiving SEPTEMBER 24TH
- Long Term Care and Successor **Caregiving Plans** OCTOBER 22ND
- Fund Recovery from ID Theft and >> Fraud NOVEMBER 26TH
- >> Wellness Resources for Caregivers DECEMBER 23RD



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Contact Us

Session Descriptions

CONVERSATIONS FOR CAREGIVERS

Conversations for Caregivers is a seminar series offering practical tools and insights on caregiving topics like benefits, identity protection, care planning, and medical options, empowering caregivers to support loved ones while maintaining their own well-being. See below for a description of each session. You can register for each session by visiting www.LRseminars.com or clicking the session title in the list below.

Date	Time	Session Title	Session Description
1/22/2025	12:00pm- 1:00pm	<u>Using Power of Attorney</u>	Explore the essentials of power of attorney, a vital tool for managing caregiving responsibilities. This seminar will cover what power of attorney is, its various types, and how to effectively use it to manage finances, access medical records, and handle taxes on behalf of a loved one. Gain practical insights into navigating these legal responsibilities, empowering you to support your loved ones with confidence and clarity.
2/26/2025	12:00pm- 1:00pm	Financial Strategies for Caregivers	This session will discuss essential financial strategies tailored for caregivers. This seminar will provide practical guidance on budgeting, managing healthcare costs, and planning for future financial needs while balancing caregiving responsibilities. Gain insights to help you ensure financial stability and peace of mind for both you and your care recipient
3/26/2025	12:00pm- 1:00pm	ID Lockdown: Securing Your Care Recipient's Identity	This session will discuss vital strategies for safeguarding your care recipient's identity. This seminar will cover practical steps for preventing identity theft, monitoring financial accounts, and securing personal information to protect against fraud. Equip yourself with the knowledge to keep your care recipient's identity safe and ensure their financial well-being.
4/23/2025	12:00pm- 1:00pm	<u>Medical Care Types: Palliative,</u> <u>Hospice and Respite</u>	This session will explore different medical care approaches, including palliative, hospice, and respite care. This seminar will guide you through the purposes, benefits, and differences of each approach, helping you make informed choices for your loved one's care journey. Gain valuable insights to support their comfort, quality of life, and your own caregiving needs.
5/28/2025	12:00pm- 1:00pm	Trusts for Care Recipients	In this session, we will delve into the essentials of trusts, including special needs trusts, to secure your care recipient's future. This seminar will explain how trusts work, their benefits, and their role for asset protection and care planning. Gain valuable insights to help you make informed decisions that provide financial stability and peace of mind for you and your care recipient.
6/25/2025	12:00pm- 1:00pm	Navigating Benefit Programs	In this session, we will guide you through navigating benefit programs like Medicaid, Medicare, and veteran benefits. This seminar will explain eligibility, application processes, and tips for maximizing these resources to support your loved one's care. Gain essential knowledge to confidently access the benefits available and enhance your caregiving journey.
7/23/2025	12:00pm- 1:00pm	Scam Threats for Care Recipients	In this session, we'll uncover common scam threats targeting care recipients and how to protect against them. This seminar will cover typical scams, warning signs, and practical steps to safeguard your loved one's finances and personal information. Equip yourself with essential tools to recognize and prevent fraud, ensuring a secure environment for those in your care.
8/27/2025	12:00pm- 1:00pm	Creating and Maintaining a Care Plan	In this session, we will guide you through creating and maintaining an effective care plan for your loved one. This seminar will cover key elements of a care plan, from setting goals and coordinating services to tracking progress and adapting to changing needs. Gain practical tools to develop a structured, personalized plan that ensures comprehensive, compassionate care.
9/24/2025	12:00pm- 1:00pm	<u>Navigating Conflict in Caregiving</u>	In this session, we'll address strategies for navigating conflict in caregiving, including how to manage high-conflict family dynamics and challenging care recipients. This seminar will also touch on recognizing and responding to signs of medical and financial abuse. Gain valuable tools to handle difficult situations with confidence, fostering a safer and more supportive caregiving environment.
10/22/2025	12:00pm- 1:00pm	Long-Term Care and Successor Caregiving Plans	In this session, we'll discuss the importance of long-term care and planning for successor caregiving. This seminar will cover how to prepare for future care needs, choose successor caregivers, and ensure continuity of care for your loved one. Gain valuable insights to create a sustainable care plan that offers security and peace of mind for the years ahead.
11/26/2025	12:00pm- 1:00pm	Fund Recovery from Identity Theft and Fraud	In this session, we'll explore effective strategies for recovering funds after identity theft and fraud. This seminar will cover steps for reporting fraud, working with financial institutions and government entities, and navigating recovery resources to reclaim lost assets. Gain practical guidance to help restore financial stability and protect your care recipient's future.
12/23/2025	12:00pm- 1:00pm	Wellness Resources for Caregivers	In this session, we'll highlight essential wellness resources designed to support caregiver health and well-being. This seminar will explore stress management, self-care practices, and community support options to help you stay resilient in your caregiving role. Discover tools and strategies to maintain balance, energy, and emotional wellness for a healthier caregiving journey.

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